

# YOUR SCHOOL PICNIC MENU



November 2021 – April 2022

A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

## MONDAY

Tuna Mayo roll/sandwich  
Tomato Pasta Salad  
Vegetable Sticks  
Fruit Slices  
Dessert of the Day

## TUESDAY

Cheese roll/sandwich  
Small sausage roll  
Vegetable Sticks  
Fruit Slices  
Dessert of the Day

## WEDNESDAY

Roast Gammon Ham  
roll/sandwich  
Cream cheese square  
Vegetable Sticks  
Fruit Slices  
Dessert of the Day

## THURSDAY

Egg Mayo roll/sandwich  
Tomato Pasta Salad  
Vegetable Sticks  
Fruit Slices  
Dessert of the Day

## FRIDAY

Roast Gammon Ham  
roll/sandwich  
Small sausage roll  
Vegetable Sticks  
Fruit Slices  
Dessert of the Day



 /hc3seducation