

# WEEK 1

WEEK STARTING:  
 November 1  
 November 22  
 December 13  
 January 17  
 February 7  
 March 7  
 March 28



## MONDAY

CHOOSE FROM  
 (V) Vegan spaghetti Bolognese  
 Pork sausage roll with diced potatoes  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Fruit salad with vanilla ice cream

## TUESDAY

CHOOSE FROM  
 (V) Vegetarian sausages, mashed potato and gravy  
 Creamy chicken pasta  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Chocolate pudding

## THURSDAY

CHOOSE FROM  
 (V) Vegan mince and potato pastry parcel  
 Sliced beef and Yorkshire pudding  
 ON THE SIDE  
 Vegetable of the day, roast potatoes and gravy  
 TO FINISH  
 Rice pudding topped with fruit compote

## WEDNESDAY

CHOOSE FROM  
 (V) Margherita pizza with crinkle cut wedges  
 Chicken curry with a blend of brown and white rice  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Freshly baked oat and sultana cookie

## FRIDAY

CHOOSE FROM  
 (V) Somerset cheddar cheese and tomato Quesadilla  
 Baked fish fingers  
 ON THE SIDE  
 Vegetable of the day and chips  
 TO FINISH  
 A choice of cold desserts

# WEEK 2

WEEK STARTING:  
 November 8  
 November 29  
 January 3  
 January 24  
 February 14  
 March 14  
 April 4

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

## MONDAY

CHOOSE FROM  
 (V) Sweet potato and lentil curry with a blend of brown and white rice  
 Pork sausages, mashed potato and gravy  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Fruit salad with vanilla ice cream

## TUESDAY

CHOOSE FROM  
 (V) Macaroni cheese with Somerset cheddar  
 Lemon and herb marinated chicken with couscous  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Fruit crumble and custard

## THURSDAY

CHOOSE FROM  
 (V) Vegan cottage pie with gravy  
 Turkey meatloaf with mashed potato and gravy  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Jam and coconut sponge

## WEDNESDAY

CHOOSE FROM  
 (V) Margherita pizza  
 (V) Vegetable goujons  
 ON THE SIDE  
 Vegetable of the day and crinkle cut wedges  
 TO FINISH  
 Freshly baked gingerbread

## FRIDAY

CHOOSE FROM  
 (V) Free range omelette filled with Somerset cheddar cheese and sliced tomato  
 Baked battered fish  
 ON THE SIDE  
 Vegetable of the day and chips  
 TO FINISH  
 A choice of cold desserts

# WEEK 3

WEEK STARTING:  
 November 15  
 December 6  
 January 10  
 January 31  
 February 28  
 March 21



## MONDAY

CHOOSE FROM  
 (V) Cheese and onion pastry with potato wedges  
 Spaghetti and turkey meatballs  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Fruit salad with vanilla ice cream

## WEDNESDAY

CHOOSE FROM  
 (V) Margherita pizza with crinkle cut wedges  
 Chicken and vegetable fried rice with curry sauce  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Freshly baked chocolate orange shortbread

## TUESDAY

CHOOSE FROM  
 (V) Tomato pasta  
 Bubble salmon and diced potatoes  
 ON THE SIDE  
 Vegetable of the day  
 TO FINISH  
 Love cake

## THURSDAY

CHOOSE FROM  
 (V) Homemade vegetarian toad in the hole  
 Roast chicken and Yorkshire pudding  
 ON THE SIDE  
 Vegetable of the day, roast potatoes and gravy  
 TO FINISH  
 Chocolate brownie

## FRIDAY

CHOOSE FROM  
 (V) Vegan sausage roll  
 Baked fish fingers  
 ON THE SIDE  
 Vegetable of the day and chips  
 TO FINISH  
 A choice of cold desserts

DOWNLOAD OUR CALENDAR AND STREETS MENU OPTIONS HERE [www.hants.gov.uk/hc3s](http://www.hants.gov.uk/hc3s)

(V) Vegetarian    \* Crown Foods MSC Gluten Free Bubble Coated Salmon Fillets - Gold Award British Frozen Foods Federation Annual Awards 2017  
 (V) Vegan    \* Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage - BPEX Foodservice Pork Sausage of the Year 2013

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

NOVEMBER 2021							DECEMBER 2021							JANUARY 2022							FEBRUARY 2022							MARCH 2022							APRIL 2022													
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa							
	1	2	3	4	5	6				1	2	3	4							1			1	2	3	4	5																					
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9							
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16							
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23							
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30							