

WEEK 1

WEEK STARTING:

- April 19
- May 10
- June 7
- June 28
- July 19
- September 13
- October 4



MONDAY

CHOOSE FROM

- Vegetarian: Gnocchi in a tomato, basil and spinach sauce
- Pork sausages, mashed potato and gravy

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Ice cream

TUESDAY

CHOOSE FROM

- Vegetarian: Free range omelette with diced potatoes
- Chicken curry with a blend of brown and white rice

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Freshly baked biscuit

THURSDAY

CHOOSE FROM

- Vegetarian: Roasted vegetable puff pastry parcel
- Sliced beef and Yorkshire pudding

ON THE SIDE

Selection of seasonal vegetables, roast potatoes and gravy

TO FINISH

Apple sponge

WEDNESDAY

CHOOSE FROM

- Vegetarian: Margherita pizza and crinkle cut wedges
- Ham Carbonara

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Fruit and yoghurt granola pot

FRIDAY

CHOOSE FROM

- Vegetarian: Vegan sausage roll
- Baked fish fingers

ON THE SIDE

Baked beans or garden peas and chips

TO FINISH

A choice of cold desserts

WEEK 2

WEEK STARTING:

- April 26
- May 17
- June 14
- July 5
- August 30
- September 20
- October 11

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

MONDAY

CHOOSE FROM

- Vegetarian: Tomato pasta
- Pork sausage roll with diced potatoes

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Ice cream

TUESDAY

CHOOSE FROM

- Vegetarian: Vegetable burger with homemade potato wedges
- Spaghetti beef Bolognaise

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Freshly baked biscuit

THURSDAY

CHOOSE FROM

- Vegetarian: Vegetarian sausages and Yorkshire pudding
- Roast chicken and Yorkshire pudding

ON THE SIDE

Selection of seasonal vegetables, roast potatoes and gravy

TO FINISH

Banana muffin

WEDNESDAY

CHOOSE FROM

- Vegetarian: Margherita pizza
- Bubble salmon

ON THE SIDE

Selection of seasonal vegetables and crinkle cut wedges

TO FINISH

Fruity frozen yoghurt

FRIDAY

CHOOSE FROM

- Vegetarian: Somerset cheddar cheese and tomato Quesadilla
- Baked battered fish

ON THE SIDE

Baked beans or garden peas and chips

TO FINISH

A choice of cold desserts

WEEK 3

WEEK STARTING:

- May 3
- May 24
- June 21
- July 12
- September 6
- September 27
- October 18

Daily selection of alternative desserts; fresh fruit, yoghurt, cheese and biscuits or fruit juice



MONDAY

CHOOSE FROM

- Vegetarian: Macaroni cheese with Somerset cheddar
- Chicken marinated in a BBQ sauce served with a blend of brown and white rice

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Ice cream

WEDNESDAY

CHOOSE FROM

- Vegetarian: Margherita pizza with diced potatoes
- Tuna and sweetcorn pasta bake

ON THE SIDE

Selection of seasonal vegetables

TO FINISH

Apple iced bun

FRIDAY

CHOOSE FROM

- Vegetarian: Sweet potato and lentil curry with a blend of brown and white rice
- Baked fish fingers and chips

ON THE SIDE

Baked beans or garden peas

TO FINISH

A choice of cold desserts

DOWNLOAD OUR CALENDAR AND STREETS MENU OPTIONS HERE www.hants.gov.uk/hc3s

- Vegetarian
- Crown Foods MSC Gluten Free Bubble Coated Salmon Fillets - Gold Award British Frozen Foods Federation Annual Awards 2017
- Vegan
- Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage - Winner Foodservice Pork Sausage of the Year 2013

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

APRIL 2021

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY 2021

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JUNE 2021

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JULY 2021

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2021

Su	Mo	Tu	We	Th	Fr	Sa
	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER 2021

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

