

WEEK 1

WEEK STARTING:
 April 25
 May 16
 June 13
 July 4
 August 29
 September 19
 October 10



MONDAY

CHOOSE FROM
 ✓ Summer vegetable quiche with new potatoes
 • Pork sausages with mashed potato and gravy
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Ice cream served with a selection of fruit

TUESDAY

CHOOSE FROM
 ✓ Tomato pasta
 BBQ chicken fillet with diced potatoes
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Freshly baked gingerbread

WEDNESDAY

CHOOSE FROM
 ✓ Margherita pizza
 Bubble salmon
 ON THE SIDE
 Crinkle cut wedges and vegetable of the day or salad
 TO FINISH
 Victoria sponge

THURSDAY

CHOOSE FROM
 ✓ Vegetarian sausage puff
 Roast chicken with stuffing
 ON THE SIDE
 Roast potatoes, vegetable of the day and gravy
 TO FINISH
 Chocolate brownie

FRIDAY

CHOOSE FROM
 ✓ Somerset cheddar cheese and tomato Quesadilla
 Baked fish fingers
 ON THE SIDE
 Chips and vegetable of the day or salad
 TO FINISH
 A choice of desserts

WEEK 2

WEEK STARTING:
 May 2
 May 23
 May 20
 June 20
 July 11
 September 5
 September 26
 October 17

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of **530 calories** for each meal

MONDAY

CHOOSE FROM
 ✓ Vegan Bolognaise
 Pork sausage roll with mashed potato
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Ice cream served with a selection of fruit

TUESDAY

CHOOSE FROM
 ✓ Quorn and vegetable Fajita
 Chicken nuggets
 ON THE SIDE
 Crinkle cut wedges and vegetable of the day or salad
 TO FINISH
 Freshly baked shortbread

WEDNESDAY

CHOOSE FROM
 ✓ Margherita pizza with diced potatoes
 Chicken curry with a blend of brown and white rice
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Banana flapjack

THURSDAY

CHOOSE FROM
 ✓ Quorn and leek pastry crown
 Sliced beef and Yorkshire pudding
 ON THE SIDE
 Roast potatoes, vegetable of the day and gravy
 TO FINISH
 Apple sponge

FRIDAY

CHOOSE FROM
 ✓ Vegan sausage roll and chips
 Baked battered fish and chips
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 A choice of desserts

WEEK 3

WEEK STARTING:
 May 9
 June 6
 June 27
 July 18
 September 12
 October 3

Daily selection of alternative desserts; fresh fruit, yoghurt and cheese and biscuits.



MONDAY

CHOOSE FROM
 ✓ Macaroni cheese with Somerset cheddar
 Burger in a bap with homemade potato wedges
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Ice cream served with a selection of fruit

WEDNESDAY

CHOOSE FROM
 ✓ Margherita pizza with crinkle cut wedges
 Fruity Caribbean chicken fillet with coconut rice
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Eton mess

TUESDAY

CHOOSE FROM
 ✓ Vegetable goujon and diced potatoes
 Spaghetti with turkey meatballs
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 Freshly baked oat biscuit

THURSDAY

CHOOSE FROM
 ✓ Vegetarian sausages and Yorkshire pudding
 Sliced pork and Yorkshire pudding
 ON THE SIDE
 Roast potatoes, vegetable of the day and gravy
 TO FINISH
 Iced carrot cake

FRIDAY

CHOOSE FROM
 ✓ Sweet potato and lentil curry with a blend of brown and white rice
 Baked fish fingers with chips
 ON THE SIDE
 Vegetable of the day or salad
 TO FINISH
 A choice of desserts

DOWNLOAD OUR CALENDAR AND STREETS MENU OPTIONS HERE www.hants.gov.uk/hc3s

✓ Vegetarian ✳ Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage – BPEX Foodservice Pork Sausage of the Year 2013
 ✓s Vegan

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

APRIL 2022

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY 2022

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE 2022

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY 2022

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER 2022

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2022

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					