

## **Longparish Primary School – Term 4**

## **PH Sports After School Clubs**

Please see our website for all relevant policies and procedures, www.phsports.co.uk



PH Sports are delivering the following after school sports clubs at your school:

Day	Sport	Year Groups	Times	Start Date	No. of Weeks	Total Cost
Wednesday	Variety Sport	KS2	3:15 – 4:15	27 <sup>th</sup> April	5	£23.75
	(See Page 2)			2022		

To book, go to <a href="https://phsports.co.uk/online-bookings/">https://phsports.co.uk/online-bookings/</a> OR go to <a href="https://www.facebook.com/PHSports/">www.facebook.com/PHSports/</a> and click "book now".

There you can register yourself and your children which will then allow to book all our clubs and holiday camps from one place with ease in the future.

## **BOOKINGS MUST BE MADE NO LATER THAN 24 HOURS BEFORE THE CLUB BEGINS**



Why not come and Join us on our PH Camps and book onto one of our Holiday Camps?

For more info go to <a href="https://www.phcamps.co.uk">www.phcamps.co.uk</a> or <a href="https://www.phcamps.co.uk">www.phcamps.co.uk</a> or <a href="https://www.phcamps.co.uk">www.phcamps.co.uk</a> or <a href="https://www.phcamps.co.uk">www.facebook.com/PHCampsUK</a> or contact us on 01225 701830.



## Page 2 – Variety Sports

Children will collaborate with the PH Sports Coach to decide which sports they would like to take part in, an example of the options are below:

Mainstream Sports/Activities:		
Gymnastics	Football	Multi-Skills
Netball	Cricket	Athletics
Basketball	Tennis	Hockey
Tri-Golf	Badminton	Volleyball
Aerobics	Dance	

	Paralympic Sports/Activities:		
New Age Kurling	Boccia	Goalball	
Seated Volleyball			

Alternative Sports/Activities:			
Dodgeball	Ultimate Frisbee	Indo Boarding	
Tchoukball	Rock-It Ball	Orienteering	
Team Building			