



Becoming A Trauma Sensitive School

RESOURCES BANK

As recommended to us by teachers, parents and mental health professionals.



Books

A Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma: Creative Techniques and Activities (Therapeutic Treasures Collection). *Dr Karen Triesman*

Becoming an Adoption-Friendly School: A Whole-School Resource for Supporting Children Who Have Experienced Trauma or Loss - With Complementary Downloadable Material. *Emma Gore Langton & Katherine Boy*

Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in Schools. *Louise Bomber*

Settling Troubled Pupils to Learn: Why Relationships Matter in School. *Louise Bomber & Dan Hughes*

What About Me?: Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day. *Louise Bomber*

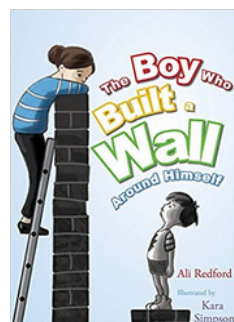
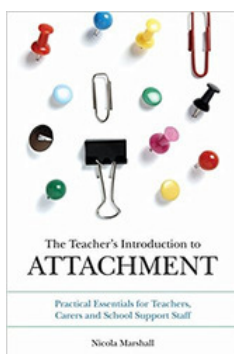
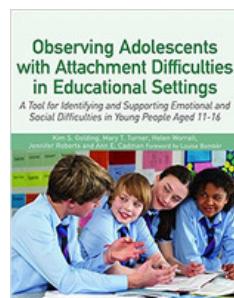
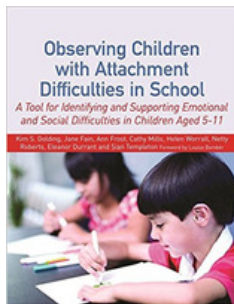
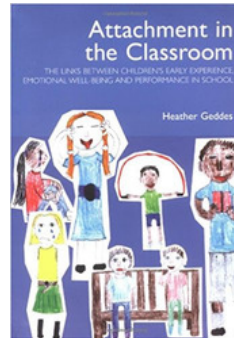
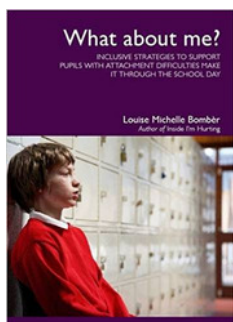
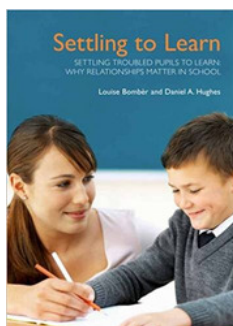
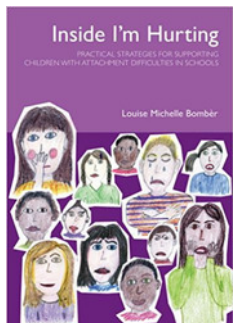
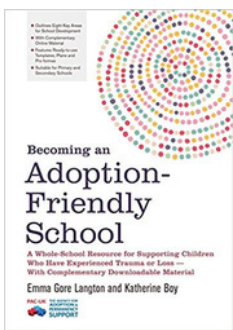
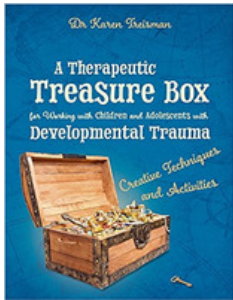
Attachment in the Classroom: The links between children's early experience, emotional well-being and performance in school: A Practical Guide for Schools. *Heather Geddes*

Observing Children with Attachment Difficulties in School: A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5-11. *Kim Golding*

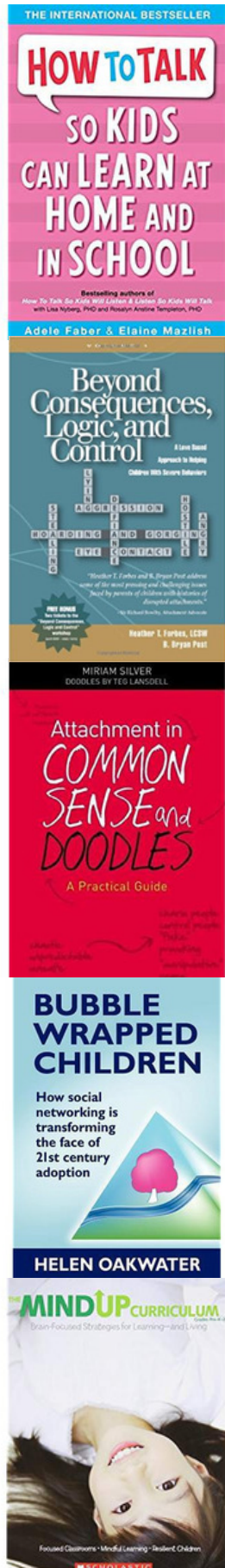
Observing Adolescents with Attachment Difficulties in Educational Settings. *Kim Golding*

The Teacher's Introduction to Attachment: Practical Essentials for Teachers, Carers and School Support Staff. *Nicola Marshall*

The Boy Who Built a Wall Around Himself. *Ali Redford*



Books (cont)



How to talk so kids can learn- at home and in school. *Adele Faber and Elaine Mazlish*

Beyond consequences, logic & control! *B. Bryan Post and Heather T. Forbes*

The MindUp Curriculum. *The Hawn Foundation and Scholastic*

The Kids' Guide to Staying Awesome and In Control: Simple Stuff to Help Children Regulate their Emotions and Senses. *Lauren Brukner*

Attachment in common sense and doodles: A practical guide by *Miriam Silver*

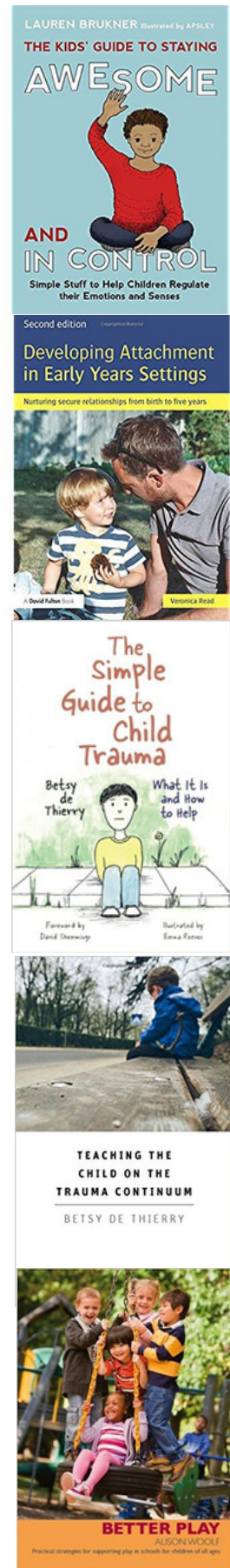
Developing Attachment in Early Years Settings. *Veronica Read*

Bubble Wrapped Children. *Helen Oakwater*

The Simple Guide to Child Trauma *Betsy De Thierry*

Teaching The Child On The Trauma Continuum *Betsy De Thierry*

Better Play: Practical Strategies for Supporting Play in Schools for Children of All Ages *Alison Woolf*



Books For Children

Help I've got an Alarm Bell Going off in My Head! *KL Aspden*

Invisible String. *Patricia Karst and Geoff Stephenson*

The Scared Gang books and Cards. *Eadaoin Bhreathnach*

A Niffleenoo Called Nevermind: A Story for Children Who Bottle Up Their Feelings. *Margot Sunderland*

The day the sea went out and never came back: A story for children who have lost someone they love. *Margot Sunderland*

The Frog who longed for the Moon to Smile. *Margot Sunderland*

Ruby and the Rubbish Bin (Helping Children with Feelings). *Margot Sunderland*

How are you feeling today? *Molly Potter*

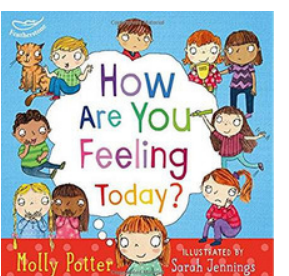
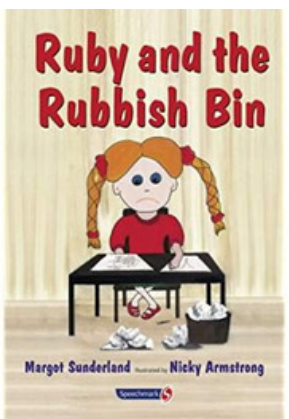
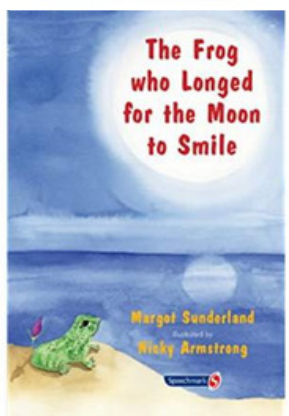
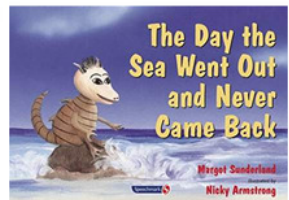
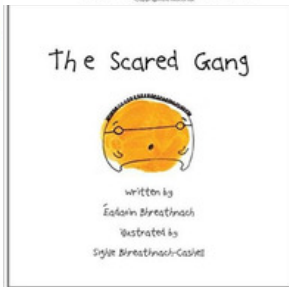
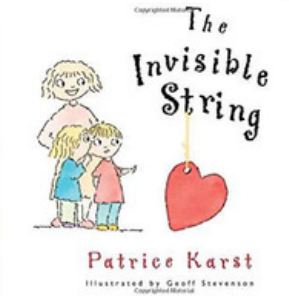
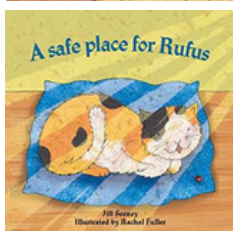
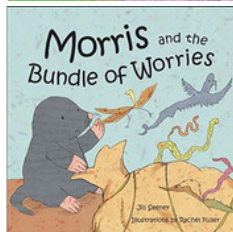
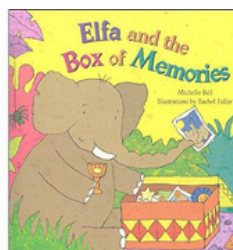
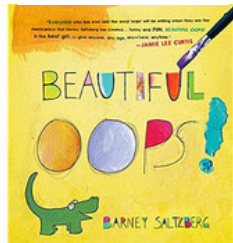
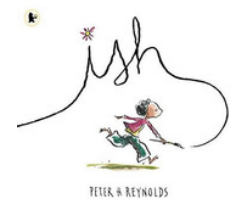
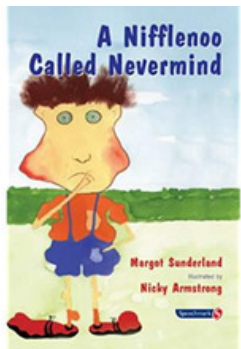
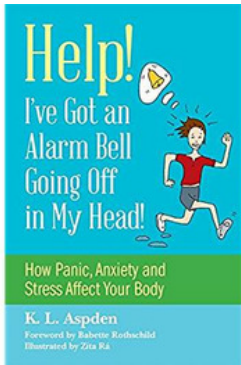
Ish. *Peter H Reynolds*

Beautiful Oops. *Barney Salzberg*

Elfa and the Box of Memories. *Michelle Bell and Rachel Fuller*

Morris and the Bundle of Worries. *Jill Seeney*

A Safe Place for Rufus. *Jill Seeney*



PDFs

**Meeting the needs of adopted and permanently placed children.
A guide for school staff**

<http://www.pac-uk.org/wp-content/uploads/2017/10/Meeting-the-needs-of-adopted-and-permanently-placed-children-A-guide-for-school-staff.pdf>

PAC Guidance Cards

<http://www.pac-uk.org/wp-content/uploads/2017/10/PAC-UK-Cards-4-up.pdf>

Helen Oakwater, Why are These Kids

Different <http://www.fabparents.co.uk/wp-content/uploads/2016/07/WhyarethekidsdifferentEducationNowAUKJan2013.pdf>

Welcoming Adopted Children to Primary School

https://www.adoptionuk.org/sites/default/files/Welcoming%20Adopted%20Child%20Primary_England_0.pdf

Welcoming Adopted Children to Secondary School

https://www.adoptionuk.org/sites/default/files/Welcoming%20Adopted%20Child%20Secondary_England.pdf

Understanding Attachment Difficulties

<https://www.adoptionuk.org/sites/default/files/UnderstandingAttachmentDifficultiesFlyerOct16.pdf>

Let's Learn Together

<https://www.adoptionuk.org/sites/default/files/LetsLearnTogetherNI%20located.pdf>

Introduction To Attachment

<https://www.bathspa.ac.uk/media/bathspaacuk/education-/research/digital-literacy/education-resource-introduction-to-attachment.pdf>

PDFs (cont)

Calmer Classrooms Guide

<http://education.qld.gov.au/schools/healthy/pdfs/calmer-classrooms-guide.pdf>

Trauma Informed In School Classrooms

<https://www.elc-pa.org/wp-content/uploads/2015/06/Trauma-Informed-in-Schools-Classrooms-FINAL-December2014-2.pdf>

Supporting Adopted Children In School

https://www.essex.gov.uk/Publications/Documents/Supporting_Adopted_Children_In_School.pdf

Creating Trauma Informed Schools

<http://traumasmart.org/uploads/creating-trauma-informed-schools.pdf>

A Framework for Sustaining Trauma Informed Schools

http://www.nctsn.org/sites/default/files/assets/pdfs/creating_supporting_sustaining_trauma_informed_schools_a_systems_framework.pdf

Child Trauma Toolkit

http://www.nctsnct.org/nctsn_assets/pdfs/Child_Trauma_Toolkit_Final.pdf

The Heart of Learning & Teaching

<http://k12.wa.us/CompassionateSchools/pubdocs/TheHeartofLearningandTeaching.pdf>

Making Space for Learning

<https://www.theactgroup.com.au/documents/makingspaceforlearning-traumainschools.pdf>

Trauma Sensitive Schools Checklist

<http://www.tolerance.org/sites/default/files/general/trauma%20sensitive%20school%20checklist%20%281%29.pdf>

Blog Posts/Bloggers

Early Experiences in the Neurosequential Model in Education

<http://www.teacherresearch.ca/blog/article/2016/10/30/314-early-experiences-in-the-neurosequential-model-in-education>

A Pathway to Enlivening and Transforming Education

<https://www.linkedin.com/in/michael-mcknight-3b948224>

10 Things Every Teacher Needs To Know

<https://www.weareteachers.com/10-things-about-childhood-trauma-every-teacher-needs-to-know/>

Marbles

<https://meandminimees.wordpress.com/2016/11/24/marbles/>

Answers to Tough Questions

<https://www.weareteachers.com/childhood-trauma-expert-answers-to-tough-questions-from-real-teachers/>

Brain Development of Children from 0-6

<https://www.adam-mila.com/brain-development-children-0-6-years/>

How Schools Can Become Attachment & Trauma Friendly

<https://educationandadoption.wordpress.com/2018/02/12/how-can-schools-become-attachment-and-trauma-friendly-places/>

Websites

<http://beaconhouse.org.uk>

<http://www.innerworldwork.co.uk>

<http://www.pac-uk.org/education/>

<https://www.fasdtrust.co.uk/home>

<https://developingchild.harvard.edu>

<https://chateez.co.uk>

<https://www.bravehearteducation.co.uk>

<http://traumainformedschools.co.uk>

<https://traumaawareschools.org/traumainschools>

<https://traumasensitiveschools.org>

<https://www.celandt.org>

<https://www.fagus.org.uk>

<https://www.adoptionuk.org/schools-membership>

<http://www.nctsn.org>

<https://www.theopennest.co.uk>

<https://wearefamilyadoption.org.uk/resources/education>

<https://jillkuzma.wordpress.com/teaching-ideas-for-executive-function-skills/>

Free Printables

Beacon House Multiple Resources:

<http://beaconhouse.org.uk/useful-resources/>

Inner World Work Multiple Resources:

www.innerworldwork.co.uk

Toxic Stress

<http://www.70-30.org.uk/wp-content/uploads/2017/05/Toxic-Stress-large-1.png>

Can't vs Won't Visual

<http://northstarpaths.com/wp-content/uploads/2016/05/Can27t-vs-Won27t-graphic-march-2017.pdf>

Growth Mindset & Inclusion

<http://northstarpaths.com/wp-content/uploads/2016/05/growth-mindset-and-inclusion-english-graphic-1.jpg>

Permission Slips

<http://northstarpaths.com/wp-content/uploads/2016/05/Growth-Mindset-Permission-Slips.jpg>

Behaviour Is Communication

http://northstarpaths.com/wp-content/uploads/2016/05/IMG_1158-1.jpg

PAC: Me & My World

<http://www.pac-uk.org/wp-content/uploads/2016/04/Mc-And-My-World.pdf>

Presentations

Attachment, trauma, emotional regulation in school to make sense of 'nonsensical behaviour'.

<https://www.slideshare.net/HelenOakwater/scunthorpe-teachers-pdf-jan-2015>

Podcasts

The Teachers Introduction To Attachment

<http://www.theteachersintroductiontoattachment.com/podcastpage/>

The Adoption & Fostering Podcast

<http://www.alcoates.co.uk/p/podcast.html>

Pupil Premium Plus Advice

Adoption UK

<https://www.adoptionuk.org/sites/default/files/An%20Introduction%20to%20Pupil%20Premium%20Plus.pdf>

First4Adoption

<http://www.first4adoption.org.uk/adoption-support/education-support/pupil-premium/>

PAC UK

<http://www.pac-uk.org/wp-content/uploads/2014/08/PAC-UK-Education-Service-Pupil-Premium-Plus-Flyer.pdf>

The Adoption Social

<http://theadoptionsocial.com/blogless-blogging/using-the-pupil-premium-plus-teaching-the-teachers/>

Coram BAAF Case Studies

https://wearefamilyadoption.org.uk/pdf/Pupil-Premium_Case-Studies_CoramBAAF.pdf

Stuart Guest

<https://educationandadoption.wordpress.com/2018/03/14/pupil-premium-why-it-can-sometimes-be-difficulut-to-get-the-right-support/>

Julie Johnson

<http://squareoneattachment.co.uk/wp-content/uploads/2018/02/PP.pdf>

Films

The Repair of Early Trauma

<https://www.youtube.com/watch?v=FOCTxcaNHeg>

The Window of Tolerance

<https://www.youtube.com/watch?v=Wcm-1FBrDvU>

School Survivors

<https://www.youtube.com/watch?v=btFwWnBHyLU&t=6s>

Every kid needs a champion | Rita Pierson

<https://www.youtube.com/watch?v=SFnMTHhKdkw&t=202s>

Trauma in the classroom: Learning lessons for neglected and abused children

https://www.youtube.com/watch?v=yC_3NNJE1XY&feature=youtu.be

Different Kind of Parenting

<http://www.adoptionuk.org/different-kind-parenting/wall#sthash.TxFICQw2.dpbs>

Dan Siegel - Hand Model of the Brain

<http://www.youtube.com/watch?v=DD-lfP1FBFk>

Dan Siegel - Flipping Your Lid

http://www.youtube.com/watch?v=G0T_2NNoC68

Brene Brown: Empathy

<https://www.youtube.com/watch?v=1Evwgu369Jw>

Every Teacher Needs To Know Childhood Trauma

<https://www.weareteachers.com/video-every-teacher-needs-know-childhood-trauma/>

Films (cont)

Learning Brain vs Survival Brain

<https://www.youtube.com/watch?v=KoqaUANGvpA>

The Mysterious Workings of the Adolescent Brain

https://www.ted.com/talks/sarah_jayne_blakemore_the_mysterious_workings_of_the_adolescent_brain?language=en

How Childhood Trauma Affects Health Across A Lifetime

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

Know Me To Teach Me

<https://vimco.com/168805283?ref=tw-v-share>

Good relationships are the key to healing trauma | Karen Treisman

<https://www.youtube.com/watch?v=PTsPdMqVwBg>