



**FRIDAY 18TH
SEPTEMBER
2026**



Email:
adminoffice@longparish.hants.sch.uk
Website:
www.longparish.hants.sch.uk
Tel: 01264 720317

Creativity

Courage

Grace

DON'T FORGET

Things to remember:

- Labelled jumpers and cardigans
- Labelled coats- the weather is interchangeable so please ensure your child has a coat just in case
- Water bottle

Our Christian vision:

'To do all things through Christ who strengthens is (Phil 4/13)



Attendance this year:
97.3%
National: 95.7%



We are looking forward to welcoming everyone to our family service at St Nicholas church on **Sunday 20th September morning, 10.30am.**

As the weather is looking fine for Sunday we are planning to have a picnic afterwards in the church grounds, so please bring some food with you and join us if you can. Please could you also bring a bag with you. Either a handbag, school bag, shopping bag, travel bag, man bag, etc. Ideally a bag that you use regularly. We will use these in our service.

We will have some special guests with us from the Church of England's national office in London who are making a film about rural churches and the good things happening there.

Mrs Jordan will be coming to speak with them about the way the school and church work together, and they would like to briefly interview one or two others if they are happy with that. Those who don't want to be on camera will not be filmed or they will be edited out for your privacy.

Come along and enjoy some fun activities, craft and music.
Everyone is welcome.

Rev Russell Smart



See you there! Very warm wishes Mrs Jordan



'DO TO OTHERS AS YOU WOULD HAVE THEM DO TO YOU' (MATTHEW 7:12)



**FRIDAY 18TH
SEPTEMBER
2026**



Email:
adminoffice@longparish.hants.sch.uk
Website:
www.longparish.hants.sch.uk
Tel: 01264 720317

Creativity

Courage

Grace

**WE INVITE YOU TO
PRAY WITH OUR
PRAYER LEADER**



*Children have written their
prayers for our Prayer Leader to
read out in our worships.*



This week, we have chosen what roles our Year 6 would have this year. We look forward to seeing the children shine in these roles! Thank you to all the children and staff who voted!



'DO TO OTHERS AS YOU WOULD HAVE THEM DO TO YOU' (MATTHEW 7:12)



**FRIDAY 18TH
SEPTEMBER
2026**



Email: adminoffice@longparish.hants.sch.uk
Website: www.longparish.hants.sch.uk
Tel: 01264 720317

Creativity

Courage

Grace

September 2026

Monday 14th September

House caption speech
Y5 meet the teacher at 3.30pm

Tuesday 15th September

Y3 meet the teacher @3.30pm

Thursday 17th September

Heron meet the teacher @3.30pm

Sunday 20th September

Church Service

Monday 29th September

Online phonics information evening

Wednesday 30th September

Whole School Flu Immunisations



3rd

**November
@9.30am
and 5th
November
@1.30pm-
Open Days
for our new
Reception
intake 27/28**

October 2026

Thursday 1st October

Individual and sibling photographs

Thursday 8th October

Kingfishers Stonehenge Trip
Residential information meeting for Y5/6 @3.30pm

Tuesday 13th October

Four Rivers Rugby Tournamnet 3pm-4.45pm

Friday 23rd October

Harvest Service at Church @9.15am

Saturday 24 October

Harvest Pumpkin Celebration

28-30 October Half Term Holiday



**INSET days
2026/27**

**Tues 1st & Weds 2nd September
2026**

**Monday 4th January 2027
Monday 22nd February 2027
Monday 12th April 2027**

www.longparish.hants.sch.uk/INSET-Days-School-closed/

New!

'DO TO OTHERS AS YOU WOULD HAVE THEM DO TO YOU' (MATTHEW 7:12)



**FRIDAY 18TH
SEPTEMBER
2026**



Email: adminoffice@longparish.hants.sch.uk
Website: www.longparish.hants.sch.uk
Tel: 01264 720317

Creativity

Courage

Grace

Self-Care September 2026

MONDAY



TUESDAY

1 Find time for self-care. It's not selfish, it's essential

WEDNESDAY

2 Notice the things you do well, however small

THURSDAY

3 Let go of self-criticism and speak to yourself kindly

FRIDAY

4 Plan a fun or relaxing activity and make time for it

SATURDAY

5 Forgive yourself when things go wrong. Everyone makes mistakes

SUNDAY

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans



28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



ACTION FOR HAPPINESS

Happier · Kinder · Together



We have set up Guardian Angels in our team, someone to check in somebody without their knowledge. Could you be someone guardian Angel?

Our Christian Vision: 'To do all things through Christ who strengthens us' (Phil 4/13)

In so doing:

- We encourage a love of learning in a safe and stimulating Christian environment for children of all faiths and none.
- We ensure children's moral values and beliefs allow them to become good citizens who appreciate the diversity within the world, recognise it as a strength and respect all with kindness and love.

'To do all things through Christ who strengthens us' expresses the idea that **with the strength provided by Christ, one can overcome any challenge or difficulty and find contentment in any circumstances.** It's not about personal empowerment or achieving worldly success, but rather about **finding strength and peace in faith, regardless of external circumstances.**





**FRIDAY 18TH
SEPTEMBER
2026**



Email:
adminoffice@longparish.hants.sch.uk
Website:
www.longparish.hants.sch.uk
Tel: 01264 720317

Creativity

Courage

Grace

School Age Immunisation Service



**Hampshire and
Isle of Wight Healthcare**
NHS Foundation Trust

Your child's Flu vaccine is due



FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

1. Protect your child - The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.
2. Protect you, your family and friends - Having the vaccine will help protect more vulnerable friends and family.
3. No injection needed - The nasal spray is painless and easy to have. (A porcine free injection is available)
4. It's better than having flu - The nasal spray helps protect against flu and has been given to millions of children worldwide and has an excellent safety record.
5. Avoid costs - If your child gets flu, you may have to take time off work or arrange alternative childcare.

The Immunisation team
will be in the school on

Wednesday

30 September



**Scan the QR code to complete
a flu consent form**
(even if you wish to opt out)

School Code

SH116364

For more information, visit our website:

www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/

MEMBERSHIP

Join **ATC Padel** & Play for Less

Just a 5 minute drive from the gates of Farleigh —
at Andover Tennis and Padel Club, SP11 7LW

From £4

per player, per hour

MEMBERS-ONLY RATE

7 Day

advanced booking window

BOOK BEFORE NON-MEMBERS

MEMBER BENEFITS

- Preferential court rates
- Weekly mix-in sessions
- Coaching & club nights
- 2 floodlit courts
- Open 9am–9:30pm daily



SCAN TO JOIN

Join online in minutes

Scan the QR code or visit the link below to sign up via ClubSpark. Membership gives you instant access to book courts and join sessions.

clubspark.lta.org.uk/AndoverTennisClub

ATC Padel – Era Park

Balksbury Hill, Upper Clatford, Andover SP11 7LW

2
FLOODLIT COURTS

LED
LIGHTING

9am–9:30pm
OPEN DAILY